

AUGUST 24 - 28

Grab & Go Menu for
WEEK 2

BREAKFAST

(M) PERFECT BAR
* CONTAINS NUTS

(TU) BAGELFUL WITH
STRAWBERRY

(W) ASSORTED CEREAL

(TH) APPLE CINNAMON OATMEAL

(F) GOODY BUN

LUNCH

(M) BEAN & CHEESE TAMALES

(TU) TURKEY & PROVOLONE
SANDWICH

(W) CHEESE PIZZA

(TH) MAMA MIA PASTA

(F) PROTEIN PACK

**FRUIT & VEGETABLE OF THE WEEK*

mango, romaine lettuce and carrots

**may vary*

*1/2 GALLON OF MILK WILL BE PROVIDED
WEEKLY*